

NATIONAL ASSOCIATION OF INDIAN NURSES OF AMERICA



Governing Board Retreat
April 5 & 6, 2019

Venue: Ramada Westshore
1200 North Westshore Blvd.
Tampa, FL (Ph. 813 282 3636)

Objectives:

Create 2019 - 2020 strategic plan and explore directions for organization's operations

Establish opportunities to discover leadership strengths that will assist in improving team performance

Provide platform for leaders to network, build, strengthen, and align relationships within and across teams

Develop skills of resilience using mindfulness

Create an environment for personal pampering & relaxation

In NAINA, Everyone Matters!

NAINA: Embracing Diversity and Celebrating Excellence

Agenda

Day 1 Friday April 5, 2019	
5:00 pm to 6:00 pm	Meet & Greet
6:30 pm to 6:45 pm	Welcome remarks: Agnes
7:00 pm to 9:00 pm	Dinner, Meet & Greet with INACF Chapter members
7:30 pm to 8:30 pm	NAINA 101: Evolution of NAINA - Tracing the Glorious Past, Innovating the Adventurous Present, and Envisioning the Exciting Future Jackie, Sara, Solymole & Omana
8:30 pm	Networking

Day 2 Saturday April 6, 2019	
7:00 am to 8:00 am	Breakfast
8:00 am to 8:25am	Welcome & Introduction : Lydia
8:25 am to 8:45 am	Strategic Planning survey outcomes: Letha
8:45 am to 9:45 am	SWOT analysis & Impact / Effort matrix : Agnes
9:45 am to 10:15 am	Group picture/ hotel room check out
10:15 am to 10:45 am	Resilience using Mindfulness: Bobby Varghese
10:45 am to 11:45 am	Creating Goals and Tactics – Group work
11:45 am to 12:45 pm	Report out & finalizing Strategic Plan
12:45 pm to 1:00 pm	Primer for starting new chapters : Sara
1:00 pm to 2:00 pm	Lunch
2:00 pm to 2:30 pm	Strength Based Leadership /self-assessment (for self-awareness, not for sharing) Strength Based Leadership model for GB : Agnes
2:30 to 3:00 pm	Closing remarks/ Coffee

Pampering & Relaxation: Facials by appointment, offered by Mary Abraham
Schedule - Friday 4 pm to 5 pm; Saturday 6am- 7am and 3pm- 6pm
Ongoing hospitality services by Pauline